

PresbyNews

Sharing and celebrating the people and events in the life of Faith Presbyterian Church
916) 428-3439, www.faithpresby.org, 625 Florin Road, Sacramento, CA 95831

Volume 33, No. 9 June 10, 2008

Sunday Services:
9:00 and 11:00 a.m.

Sunday School:
Preschool-5th grades
9 & 11 a.m.
6th thru 8th grades
9 am
9th thru 12th grade
9, 11 a.m.
Adult Class 10-11 a.m.

June 15-22
Family Promise at Faith

June 28-July 4
Faith Fireworks stand at
Florin & South Land Park Dr.

Faith Softball
Wednesday Nights @ Elk
Grove Park
6/18: 7:30, 6/25: 8:30

July 1
Hot Summer Nights
Youth Group: 7-8:45 p.m.

July 2
Faith at the Movies

The Presby News is published
bimonthly by a team of volun-
teer writers. Please send your
submissions to
Editor Jim Park at
JamesPark02@comcast.net
Or drop off articles/photos in
the church office.

“A Child Is Waiting” at Faith



World Vision Sponsorship Days are June 15th and June 22nd. You can make a difference! Today and every day, nearly 25,000 children will die, most from causes such as hunger or treatable illnesses—things that child sponsorship can prevent. **Sponsorship changes a child’s life forever. It can change your life, too!** Will you answer a child who is waiting? You can change a child’s life!

Visit our sponsorship table on Sunday June 15th and 22nd to see photos of individual children who are waiting and hoping to be sponsored. For further information about World Vision events please call Donna Touros at 399-8650

Get Your Fireworks Pre-Sale Script Now

Help support the Mission Trip by purchasing script that is redeemable for fireworks at the Faith Presbyterian fireworks booth that will be located at the corner of South Land Park and Florin Rd. starting June 28th. Our youth will be selling these on Sundays starting June 8th in increments of \$10.00 each. This is a great way for the kids who want to go on the mission trip but are too young to work at the fireworks booth to be able to help fundraise. As always, **Thank You** for your amazing support of all the mission efforts – it is in our love of Jesus that we so willingly open our hearts to do what he has commanded us to do. Jesus said . . . *"Peace be with you. As the Father has sent me, so I send you."* - John 20:21.



Health Ministry

Pleasant words are a honeycomb to the soul and healing to the bones: Proverbs 16:24

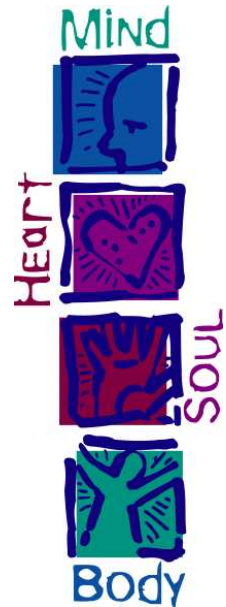
It takes just as much energy to say a positive word as it does a negative one. In fact, it may take even less. Research has shown that when we speak positive words – even in difficult circumstances or troubling situations – our bodies relax. As we relax, blood flow increases, including the flow of blood to the brain. A well-oxygenated brain is much more likely to think creatively, make wise decisions, find reasonable solutions and generate answers to questions.

Positive words ease relationships and create an atmosphere of peace that is conducive to rest, relaxation, rejuvenation, and sleep --- all of which are necessary for good health.

On the other hand, contrary to popular thought, negative words do not release tensions. They keep the body in a state of tension, constricting muscles and blood vessels. Irrational, uncreative, unreasonable behavior is a secondary effect.

A continual flow of negative words causes relationships to suffer, which creates an atmosphere of disharmony and makes for fitful sleep and frayed nerves --- none of which are healthy,

One of the best things we can do for our over-all health is to transform our speech habits.



Food Closet-S.S.I.P--What Is It and How to Help

South Sacramento Interfaith Partnership (SSIP) is a group of 17 churches who support the Food Closet. The Food Closet is housed at Bethany Presbyterian Church at 24th St. and Fruitridge Ave.

Those who are eligible to receive food from the Food Closet are any hungry people in the zip codes of 95822, 23, 24, 26, 28, 31, and 32. People can receive food once/month. They receive enough food for 3 meals/day for 3 days for each member of the family.

In a typical month the Food Closet would serve 1450 adults, 1500 children, and 350 seniors--3400 people--each receiving food for 9 meals or food for 30,600 meals. The numbers have been going up recently--in April 08 they gave food to 3700 people; that is food for 33,300 meals.

The churches supporting the Food Closet are--Centennial, Chinese Grace, Florin, Hope, Oak Park, Sacramento Japanese, and Wesley Methodist Churches, Bethany and Faith Presbyterian, Parkside and Faith Community United Church of Christ, Fruitridge Christian Disciples of Christ, Lutheran Church of the Master, Prince of Peace, Unitarian Universalist Community and St. Anthony Church.

How Can I Help?

1) On the 1st Sunday of the month you can bring to church--canned meats, canned beans, vegetables, soup, tomato products, or fruit, macaroni and cheese, top ramen, pasta, rice, breakfast cereal, baby food, peanut butter(18oz) and paper bags.

2) The Food Closet is open 5 days/week-9-11:30. You can volunteer to work there (428-5290).

3) You can give money to the Food Closet. Make the check out to SSIP and put it in the white house that is on a table in the Narthex (Cash can also be put in it. Cash allows some items like dried beans and rice to be purchased in bulk quantities at a cheaper rate than you can get them at the market.

4) You can talk to Charlie Tucker and Betty or Jim Park. They and others pick up food donated by grocery stores and deliver it to the Food Closet.

More and more people need help in these difficult economic times--any help that you can give will be a blessing. Many thanks to all of you who have given so generously.





Vacation Bible School is July 7-11

The countdown is on... there are only a few weeks left to register your child. Please make sure that your children, neighbors, or friends are registered soon. Space is limited! **All registrations must be turned in by June 30th. We need help decorating for VBS. There are three ways to help:**

Decorate some paper fish and/or surfboards in the comfort of your home and bring them back to the church. Help us decorate the hallways on Saturday, July 5th from 9:00-12:00 noon. Any amount of time you can give will be greatly appreciated.

Help us set-up on Sunday, July 6, after the second service.

If you are interested in helping, please contact Christine Mendoza 392-5254 or Melinda Lewis 725-2810.

Supplies Needed: beach balls, surf boards, beach towels, beach chairs, umbrellas, and umbrella stands. If you have any of these items and would be willing to let VBS team borrow them please let Melinda Lewis know.

Youth Sunday- It is a privilege to work with the children of this church. Every week they amaze me, but for Youth Sunday I asked many of them to step out of their comfort zones. Some of these children I have known since they were babies and some for just a few short months. It is awesome to see God working in their lives and watch their faith grow. A special thanks to Spencer and Connor Hankey, Jacqueline Laybourn, Jonathan Dell, Kaylah Miller, Katie Teixeira, Benjamin and Cole Rodriguez, Joshua Smith, Jacob Helmich, Breanna Lewis, Mikey and Jason Rock, Amy and Jill Arellano, Danielle Reyes, Erica Noe, Cole and Grace Fahey, Trevin and Maegan Reynolds, Isabel Selling, Joey Healow, Jaclyn Mendoza, Joshua Clark, and Justin Morris. Thank you to all of the parents and leaders for helping the children learn their parts. Finally, thank you to Cindy Canaday, Paul Keller, Pastor Quinn, and Pastor Patrick for all of their help with the children.



The annual P.W. picnic will be held on Wednesday, June 25th at 11:30 a.m. at the church. This is a Potluck Picnic with salads and deserts. Watch for further information.

Dear Faith Friends,

Thank you for your kind notes, cards and wishes about my 30th anniversary in ministry. I was so very gratified by your words. Our fifteen years at Faith, of course, were wonderful; we think of you all often. (Rudy and Sarah help keep us up-to-date too. How thrilled we are that they are in your midst!) I know you know you are blessed to have Jeff, Jim, Patrick and Quinn, and Joan leading you. What a team! Do know that if you are in Santa Barbara, Kati and I would love to have you drop by. By the way, the answer is No. I'm NOT a Lakers fan.

Warmly, Peter



Please come to an all-church baby shower

for Amber & C.J. Keasey

Sunday, June 29th at 12:30 pm

20 Keel Ct – Sac

The baby is a girl and the Keaseys are registered at Target & Baby's R Us

Given by: Esther Chapman,

Patty Boyd & Erin Ainsworth

Please call if you are planning to attend ~

996-2367

Men's Retreat



Our first men's retreat (in a long time!) was awesome! Over 40 men and boys from the congregation spent a weekend at Westminster Woods enjoying the chance to hear God's word and fellowship together in the great outdoors. Our speaker for the weekend was Dan Fowler, Faith former Associate Pastor. It was great spending time with Dan (pictured left) again. Thanks to Jim Tracy and Bill Frye for organizing what we hope will be an annual event!



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Family Promise June 15 at 5 pm to June 22 at 8 am						
June 15 Father's Day Worship & Sunday School (Preschool-5th), 9 and 11 a.m., Adult Sunday School, 10-11 a.m.	June 16 Crafters Club, 1pm Personnel, 6:30 p.m. Mission, 7 p.m. Fellowship, 7 p.m.	June 17	June 18 Fun 'N Faith Softball @ Elk Grove Park Field #2, 7:30 p.m.	June 19 Pocket Coalition Meeting, 6:30 p.m.	June 20	June 21 PresbyNews Deadline Tomorrow
June 22 Worship & Sunday School (Preschool-5th), 9 and 11 a.m., Adult Sunday School, 10-11 a.m.	June 23 Crafters Club, 1 pm Worship, 7 p.m.	June 24	June 25 Fun 'N Faith Softball @ Elk Grove Park Field #1, 8:30 p.m.	June 26	June 27	June 28
Faith Fireworks Stand June 28 – July 4 @Florin & S. Land Park Dr.						
June 29 Worship & Sunday School (Preschool-5th), 9 and 11 a.m., Adult Sunday School, 10-11 a.m. VBS Meeting, noon Family Fun Night, 5:30 p.m.	June 30	July 1 Hot Summer Nights (Youth Group), 7-8:45 p.m.	July 2 Older Adult Discussion, 2 p.m. Prayer Gathering, 6 p.m. Faith at the Movies	July 3	July 4 Office Closed Pocket Parade with Faith Float	July 5 PresbyNews Deadline Tomorrow
Vacation Bible School July 7 – July 11						
July 6 Food Closet Sunday Worship & Sunday School (Preschool-5th), 9 and 11 a.m., Adult Sunday School, 10-11 a.m. 12:30pm VBS Set Up	July 7 Adult CE, 7 p.m.	July 8 Hot Summer Nights (Youth Group), 7-8:45 p.m.	July 9 High School Breakfast at Vaughn's, 9 a.m.	July 10 Jr High Breakfast at Vaughn's, 9 a.m.	July 11	July 12

	June 15	June 22	June 29	July 6
Worship Service	9:00am	9:00am	9:00am	9:00am
Worship Assistant	Jon Coupal	Janet Leader	David Leader	Scott Pfeiffer
Ushers	John & Sally Ravas	Bob McCarroll Ken Finch	John & Maria Rodriguez	Hal & Ilah Turner
Greeters	Jim & Chris Becker Marilyn Becker	Larry & Noreen Freund	Don & Jan Sperling	Carol Aycock Andeen Lovett
Sound	David Nash	David Nash	Don Sperling	Bill Baker
Coffee Preparers	Jeff & DiAnne Brown	Donna Touros	Kathy Ellis Marianne Jenkins	Gary Cash
Acolytes	Connor Hankey	Jacqueline Laybourn		
Worship Service	11:00am	11:00am	11:00am	11:00am
Worship Assistant	Ruth Warner	Greg Rapiet	Rebecca Westmore	Doug Johnson
Ushers	David Nash Lori Glasgow	Dick & Mary Patterson	Dick & Betty McClure	Chuck & Brien Bell
Greeters	Jim & Barbara Tracy	Debbie Barton Aaron Dahlstedt	Melodi Anderson Virginia Escalante	Bruce & Jean Kern
Sound	Ken Finch	Carroll Collier	Kevin Roberson	Joe Parente
Coffee Servers	Debbiw Barton Lena Newman	Bob & Gorgianne Becker	Gwen Markuson Dallas Love	Jarvis & Glenda Arellano
Tellers	Kitty Tatro Jarvis Arellano	Barbara Powell Marvette Swayzer	Helen Christenson Marilyn Becker	Bob Connett Dick McClure
Acolytes	Jake Helmich	Trevin Reynolds		