

Best 14.4 Minutes of Your Day?

This Lent we invite you to commit 1% of your day, every day, to meet alone with God in Scripture, reflection and prayer. Of course, we all are seeking to walk with God all 1,440 minutes of each day. But amazing things can happen when we also set aside specific time to give God our total attention!

Here's what you might try: Find a quiet, private space and time each day where you can dedicate at least 15 minutes of your attention (about 1% of your day). You don't need to take much with you. Your Bible, of course (let us know if you need one and we'll give you a copy). A journal and pen to write down what you hear. A cup of coffee or tea might be a bonus.

Inside we've provided a guide that will help you read through the Gospel of Luke in preparation for Easter. Luke, one of four Gospels in the New Testament, is the eyewitness testimony of the birth, life, death and resurrection of Jesus Christ. Listening to God in these passages is a wonderful way to prepare to remember Jesus' sacrifice on the cross and to celebrate his resurrection on Easter, and all this means for us and for the world.

You don't necessarily have to read the whole passage assigned for each day. The point is not to finish the assignment. No extra credit for doing so! The point is to listen for what God may be saying to you. Some days, one verse may be all you need.

And remember, if you miss a day, no sweat. Schedule time the next day. God is always ready and eager to meet with us, always gracious and patient. And please know in advance: When it comes to listening for God, some days are harder than others. This is true for everybody. Don't be discouraged!

Faith Presbyterian Church Lent 2019

1%



*A guide for meeting with
God as we prepare for
Easter*

To Help You LISTEN to God...

Inside you will find a guide for reading through the Gospel of Luke in preparation for Easter. As you spend time each day in Scripture listening for God's Word to you, we encourage you to keep a journal at hand to write down what you hear from God. If you're new to all this, perhaps these steps will help you get started:

Invite - Find a time and space where you can have at least 15 minutes of privacy and silence. Begin by taking a moment to simply ask God to meet you. Expect God to answer your prayer and show up.

Scripture - Read slowly through the passage for the day (see inside). Read the verses again, if you like. Pay attention to phrases or ideas that particularly strike you. As you read, ask God to speak. Don't feel like you have to read the whole passage. Sometimes a few verses will be enough for the day.

Listen and Reflect - Use a journal to write down what you hear God saying in these verses. What is God telling you about himself? What is God telling you about your life? What is God telling you he wants you to do, or to do differently? What questions are raised? What promises are made? What do you need to confess? Write what you hear, whatever you hear.

Respond - Remember that God's Word isn't meant just to inform us but, ultimately, to transform us. In light of what you have heard from God today, what action are you being called to take? Now speak to God about what you have heard, and about other concerns and joys on your heart and mind. You might even pray through the Scripture. If it helps, write down your prayer.

2019 Lent Reading Schedule

Wednesday, March 6 – Ash Wednesday

Reading: Luke 1:1-25

Ash Wednesday Worship (7:00-8:00 p.m.)

Thursday, March 7

Reading: Luke 1:26-56

Friday, March 8

Reading: Luke 1:57-80

Saturday, March 9

Reading: Luke 2:1-20

Sunday, March 10

Reading: Luke 2:21-52

Monday, March 11

Reading: Luke 3:1-38

Tuesday, March 12

Reading: Luke 4:1-30

Wednesday, March 13

Reading: Luke 4:31-44

Table to Table Tonight (6:00-7:30 p.m.)

Thursday, March 14

Reading: Luke 5:1-26

Friday, March 15

Reading: Luke 5:27-39

Saturday, March 16

Reading: Luke 6:1-16

Sunday, March 17

Reading: Luke 6:17-49

Monday, March 18

Reading: Luke 7:1-17

Tuesday, March 19

Reading: Luke 7:18-35

Wednesday, March 20

Reading: Luke 7:36-50

Table to Table Tonight (6:00-7:30 p.m.)

Thursday, March 21

Reading: Luke 8:1-18

Friday, March 22

Reading: Luke 8:19-56

Saturday, March 23

Reading: Luke 9:1-27

Sunday, March 24

Reading: Luke 9:28-45

Monday, March 25

Reading: Luke 9:46-62

Tuesday, March 26

Reading: Luke 10:1-24

Wednesday, March 27

Reading: Luke 10:25-42

Table to Table Tonight (6:00-7:30 p.m.)

Thursday, March 28

Reading: Luke 11:1-28

Friday, March 29

Reading: Luke 11:29-54

Saturday, March 30

Reading: Luke 12:1-34

Sunday, March 31

Reading: Luke 12:35-59

Monday, April 1

Reading: Luke 13:1-17

Tuesday, April 2

Reading: Luke 13:18-35

Wednesday, April 3

Reading: Luke 14:1-24

Table to Table Tonight (6:00-7:30 p.m.)

Thursday, April 4

Reading: Luke 14:25-35

Friday, April 5

Reading: Luke 15:1-32

Saturday, April 6

Reading: Luke 16:1-18

Sunday, April 7

Reading: Luke 16:19-31

Monday, April 8

Reading: Luke 17:1-19

Tuesday, April 9

Reading: Luke 17:20-37

Wednesday, April 10

Reading: Luke 18:1-17

Table to Table Tonight (6:00-7:30 p.m.)

Thursday, April 11

Reading: Luke 18:18-43

Friday, April 12

Reading: Luke 19:1-27

Saturday, April 13

Reading: Luke 19:28-20:8

Sunday, April 14 – Palm/Passion Sunday

Reading: Luke 20:9-26

Monday, April 15

Reading: Luke 20:27-47

Tuesday, April 16

Reading: Luke 21:1-38

Wednesday, April 17

Reading: Luke 22:1-38

Thursday, April 18 – Maundy Thursday

Reading: Luke 22:39-65

Maundy Thursday Worship (7:00-8:00 p.m.)

Friday, April 19 – Good Friday

Reading: Luke 22:66-23:43

Self-guided Reflections (7:00 a.m.–7:00 p.m.)

Service of Healing (7:00-8:00 p.m.)

Saturday, April 20 – Holy Saturday

Reading: Luke 23:44-56

Sunday, April 21 – Easter Sunday

Reading: Luke 24:1-53